

From Albania To Sicily: A Journey Through History, Culture, and Cuisine

By Gillian Price

In her captivating book, *From Albania To Sicily*, Gillian Price takes readers on an extraordinary journey through the intertwined histories, cultures, and cuisines of two Mediterranean neighbors. From the ancient ruins of Albania to the vibrant streets of Sicily, Price explores the shared heritage and vibrant traditions that have shaped these regions for centuries.



From Albania to Sicily by Gillian Price

★★★★☆ 4.7 out of 5

Language : English

File size : 12312 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 218 pages

Lending : Enabled



Price begins her journey in Albania, a country with a rich and complex history. She visits the ancient city of Butrint, a UNESCO World Heritage Site, and explores its fascinating ruins. She also travels to the Albanian Alps, where she hikes through stunning mountain trails and meets the friendly locals. Along the way, she learns about Albania's unique culture and traditions, from its traditional music and dance to its delicious cuisine.

From Albania, Price crosses the Strait of Otranto and arrives in Sicily, an island with an equally rich and storied past. She visits the ancient city of Syracuse, where she explores the ruins of the Greek theater and the Temple of Apollo. She also travels to the Mount Etna volcano, where she hikes to the summit and witnesses its awe-inspiring power. Along the way, she learns about Sicily's unique culture and traditions, from its traditional puppet theater to its world-renowned cuisine.

Throughout her journey, Price weaves together the histories, cultures, and cuisines of Albania and Sicily, revealing the deep connections between these two Mediterranean neighbors. She shows how these regions have influenced each other over the centuries, and how their shared heritage continues to shape their present-day identities.

From Albania To Sicily is a captivating and informative book that will appeal to anyone interested in history, culture, and cuisine. Price's writing is clear and engaging, and her passion for these two regions is evident on every page. She brings the sights, sounds, and flavors of Albania and Sicily to life, and leaves readers with a deep appreciation for their shared heritage.

Praise for From Albania To Sicily

"Gillian Price has written a fascinating and informative book about two of the most underrated regions in the Mediterranean. From Albania To Sicily is a must-read for anyone interested in history, culture, and cuisine."

-John Julius Norwich, author of A Short History of Byzantium

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flavors of Albania and Sicily to life, and leaves readers with a deep appreciation for their shared heritage."

-The Independent

About the Author

Gillian Price is a British author and journalist who has written extensively about the Mediterranean region. She has lived in both Albania and Sicily, and her passion for these two countries is evident in her writing. From Albania To Sicily is her first book.

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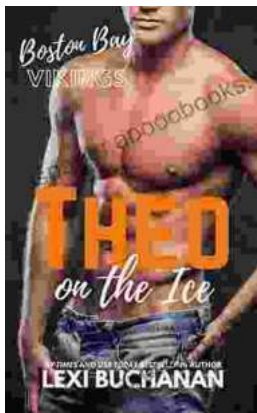
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