#### Stop. Don't End It All. Consider This.

### If you're struggling with suicidal thoughts, please know that you're not alone.

Suicide is a serious problem, but it is one that can be overcome. If you're struggling with suicidal thoughts, please know that there is help available. You don't have to face this alone.



#### STOP, Don't End It All, Consider This! by Gonzalo Sanabria

★★★★★ 5 out of 5
Language : English
File size : 1211 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 16 pages



This book offers hope and guidance for those who are struggling with suicidal thoughts. It provides information on the causes of suicide, the warning signs, and the treatment options available.

If you're struggling with suicidal thoughts, please read this book. It could save your life.

#### What's inside this book?

The causes of suicide

- The warning signs of suicide
- The treatment options available
- Stories of hope from people who have survived suicidal thoughts

#### Who is this book for?

This book is for anyone who is struggling with suicidal thoughts. It is also for the family and friends of people who are struggling with suicidal thoughts.

#### How can I get this book?

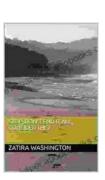
This book is available in print and ebook formats. You can Free Download it from your favorite bookstore or online retailer.

#### If you are struggling with suicidal thoughts, please reach out for help.

There are many resources available to help you through this difficult time. You can call the National Suicide Prevention Lifeline at 1-800-273-8255 or visit their website at suicidepreventionlifeline.org.

You can also text the Crisis Text Line by texting HOME to 741741.

Please know that you are not alone. There is help available, and you don't have to face this alone.



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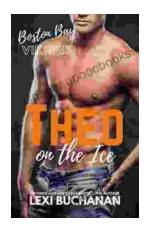
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