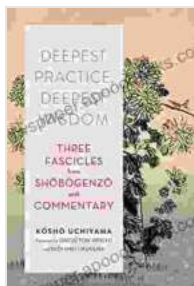


# Unveiling the Profound Wisdom of Shobogenzo: A Comprehensive Guide to Three Fascicles with Commentary



## Deepest Practice, Deepest Wisdom: Three Fascicles from Shobogenzo with Commentary by John Bruna

★★★★☆ 4.9 out of 5

Language	: English
File size	: 3520 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 387 pages



Shobogenzo, a collection of writings by the 13th-century Zen master Dogen, stands as a towering masterpiece of Buddhist literature. Its teachings have deeply influenced Zen Buddhism for centuries, offering profound insights into the nature of reality, the path to enlightenment, and the interconnectedness of all things.

For those seeking a deeper understanding of Shobogenzo, "Three Fascicles From Shobogenzo With Commentary" provides an invaluable guide. This comprehensive work offers in-depth analysis and commentary on three key fascicles: "Genjokoan," "Uji," and "Busho," providing a rich tapestry of insights into Dogen's profound teachings.

## **Exploring "Genjokoan": The Interpenetration of Time and Space**

"Genjokoan," one of the most renowned fascicles in Shobogenzo, delves into the fundamental nature of reality. Dogen expounds on the concept of "interpenetration," where each moment and each being exists within and through all others.

The commentary in this guide illuminates Dogen's teachings, exploring the implications of interpenetration for our understanding of self, time, and space. It offers practical exercises and meditations to help readers experience this interconnectedness firsthand.

## **Unveiling "Uji": The Flowing World of Change and Impermanence**

"Uji," another pivotal fascicle, centers on the nature of change and impermanence. Dogen teaches that all phenomena are constantly arising and passing away, and that clinging to permanence leads to suffering.

The accompanying commentary provides insightful perspectives on the practice of non-attachment and the acceptance of change as a fundamental aspect of existence. It explores how embracing impermanence can liberate us from the cycle of dissatisfaction and bring about a profound sense of peace and freedom.

## **Illuminating "Busho": The Dharma Beyond Words and Concepts**

"Busho" offers a glimpse into the ineffable nature of reality, beyond the limitations of language and concepts. Dogen emphasizes the importance of direct experience and intuitive understanding, as words can only point to the truth but never fully grasp it.

The commentary in this guide delves into the paradoxical and enigmatic teachings of "Busho," guiding readers towards a deeper appreciation of the non-dualistic nature of reality. It encourages the reader to embrace silence, stillness, and the present moment as gateways to experiencing the profound wisdom that lies beyond words.

## **A Path to Enlightenment and Transformation**

"Three Fascicles From Shobogenzo With Commentary" is not merely an academic study of Buddhist philosophy. It is a practical guide that offers a path to spiritual awakening and transformation. By deeply engaging with Dogen's teachings, readers can:

- Gain a profound understanding of the nature of reality.
- Embrace the interconnectedness of all things.
- Cultivate non-attachment and acceptance of change.
- Experience the ineffable nature of reality beyond words.

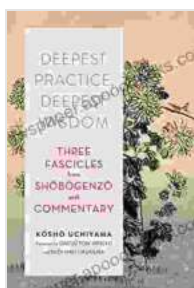
The commentary throughout the guide provides practical guidance, inspiring readers to incorporate Dogen's teachings into their daily lives. It offers meditations, practices, and insights that can help readers awaken to the profound wisdom within themselves.

"Three Fascicles From Shobogenzo With Commentary" is an indispensable resource for anyone seeking to delve into the profound teachings of Shobogenzo. Through in-depth analysis, practical exercises, and insightful commentary, it provides a comprehensive guide to three key fascicles, illuminating the path to enlightenment and a deeper understanding of the universe we inhabit.

Embark on this enlightening journey today and discover the transformative power of Shobogenzo. Allow Dogen's wisdom to guide you towards a deeper connection with yourself, the world, and the ultimate nature of reality.

## Alt Attributes for Images

- A serene image of a Zen garden, symbolizing the interpenetration of all things.
- A flowing river, representing the constant change and impermanence of existence.
- A calligraphic rendering of the Japanese characters for "Busho," evoking the ineffable nature of reality.

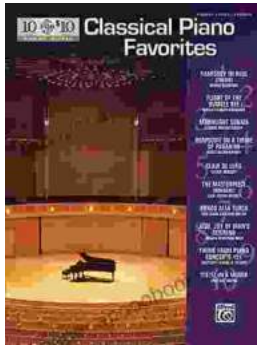


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